

# **WATERLOO INSTITUTE OF SOCCER PLAYERS**

## **EARLY CHILDHOOD CARE & EDUCATION (ECCE) SOCCER PROGRAM**

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# **WATERLOO INSTITUTE OF SOCCER PLAYERS**

## **1) Introduction to ECCE Soccer**

**Early childhood Soccer is all about having fun playing Soccer. It is an excellent program to introduce your child to the wonderful game of football.**

**The program allows children from ages three(3) to five(5) years to learn about soccer through fun and exciting games such as:**

- Soccer Bees
- Hit the Cone Game (Soccer Golf)
- Follow the Leader
- Monster Invasion
- Hit the Coach
- Animal Soccer
- Treasure Hunt
- Longest kick game
- Driving School
- Dribble past defender
- Pick up the cones race
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**It is our understanding that these soccer games would meet the needs of physical development, motor skills, cognitive and effective learning skills of the children.**

**Furthermore, it is our experience that playing soccer provides children with self confidence, physical fitness, and social interaction, all of which are an essential part of becoming well-rounded individuals**

**Waterloo institute of soccer players are currently working with Early Childhood Care and Education Centers to provide soccer enrichment programs. We offer the convenience of working at your facility providing a safe and supportive environment for your children. We can also tailor our programs to fit the needs of your institution.**

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## **2) REGISTRATION PROCEDURES**

- a) Fill out and return the Player registration form together with a processing fee of \$150.00. The child would receive a Soccer uniform ( jersey, shorts and socks), and be insured under our Algico Sports Accident Insurance Plan (appendix A)**
- b) Each Training sessions would be for duration of 30- 40 mins.**
- c) Training Sessions would be conducted once a week at a fixed date and time.**
- d) A tuition fee per player of \$15.00 per player per sessions for twelve (12) weeks This is equivalent to a school terms and fees are due at the beginning of each term**
- e) Each Player must have proper equipment that is a football boots and shin guards.**
- f) Each child is expected to have his/her own football**
- g) Periodical Assessment records would be kept on each player to monitor performance**
- h) A Certificate of Participation is awarded to each player when the player is graduating from the ECCE Center.**

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## **4) SOCCER COACHING PRACTICE SESSIONS**

**Duration: 30- 40 minutes**

**Equipment required: One ball for each child  
Cones and markers**

**Group: 15-20 players, both boys and girls**

**a) Warm- up**

- **Every player has a ball**
- **Place cones in a 20 X 20 yard area**
- **Body part dribbling (3 min)**
- **Ball stretching (3 min)**

**b) Progression- I can do something with the ball ( 3 min)**

**Water Break ( 3 min)**

**c) Main Activity**

- **Soccer game ( 5 min)**
- **Soccer game (5 min)**

**Water Break (3 min)**

**d) Game time ( 10 min)**

- Small sided games
- e) Cool-down ( 3 min)

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### **5) BENEFITS TO THE ECCE AND THE COMMUNITY**

- a) Foster participation in soccer, a major sport in the Community, at a very young age
- b) The ECCE centre would obtain prestige and recognition for its involvement in early childhood soccer programs
- c) Friendly matches can be facilitated amongst ECCE Centers for Social interaction
- d) Waterloo Institute of Soccer Players(WISP) is a non profit community based organization and promote community spirit amongst its members
- e) WISP also promote, develop and encourage community sporting and educational activities
- f) After the child graduate from the ECCE Center, he/she can register into WISP Youth Soccer Programs and benefit from playing competitively

# **WATERLOO INSTITUTE OF SOCCER PLAYERS**

## **6) ABOUT THE COACH**

- a) All our coaches are TTF 'D' License certified coaches**
- b) All our coaches are first aid certified.**
- c) Waterloo institute of soccer players are a detachment of the Red Cross Society of Trinidad & Tobago**
- d) Most of our coaches are members of the Trinidad and Tobago football Referees Association( TTFRA)**
- e) Our institute is affiliated to the Central Football Association(CFA)**
- f) We subscribe to Soccerhelp.com, an AYSO youth soccer website**
- g) Most of our coaches work in the Primary School Stern John soccer development program of the Ministry of Sports & Youth affairs.**
- h) The President of the institute is an executive member of the CFA, the TTFRA ( central Zone) and the TTF Youth Development Committee**

# WATERLOO INSTITUTE OF SOCCER PLAYERS

## **8) SUPPORTING LINKS**

- Our website: [www.waterloo-tt.com](http://www.waterloo-tt.com)
- [www.waterloominorsoccer.com](http://www.waterloominorsoccer.com) ( Canada)
- [www.ttcup.com](http://www.ttcup.com)
- [www.soccerhelp.com](http://www.soccerhelp.com)
- [www.footy4kids.co.uk](http://www.footy4kids.co.uk)